

2019 Track Schedule

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|---|-----------------------------------|--|--|-----------------|
| April 8 | April 9 | April 10 | April 11 | April 12 |
| No Track | Practice 2:30-4:30 in Gym | Sprinters Only practice 2:30-3:30 | Distance Runners and Field Events Practice 2:30-3:30 | No Track |
| April 15 | April 16 | April 17 | April 18 | April 19 |
| Meet @ Winnisquam 4PM (130 Dismissal) | No Track | Practice 2:30-4:30 in Gym | Throwers Only 2: 30-3:30 | No Track |
| April 22 | April 23 | April 24 | April 25 | April 26 |
| No Track | Optional Practice 10:00 at KMS | Optional Meet @ Kennett time 10 AM | No Track | No Track |
| April 29 | April 30 | May 1 | May 2 | May 3 |
| | | | Meet @ Kingswood | |
| May 6 | May 7 | May 8 | May 9 | May 10 |
| | | Meet @ Kennett | | |
| May 13 | May 14 | May 15 | May 16 | May 17 |
| | | Meet @ INter- Lakes | Distance Runners Only | |
| May 20 | May 21 | May 22 | May 23 | May 24 |
| Meet @ Winnisquam | | | | |